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Sunday, April 29, 2012

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RIGHT NEXT DOOR, A WORLD APART

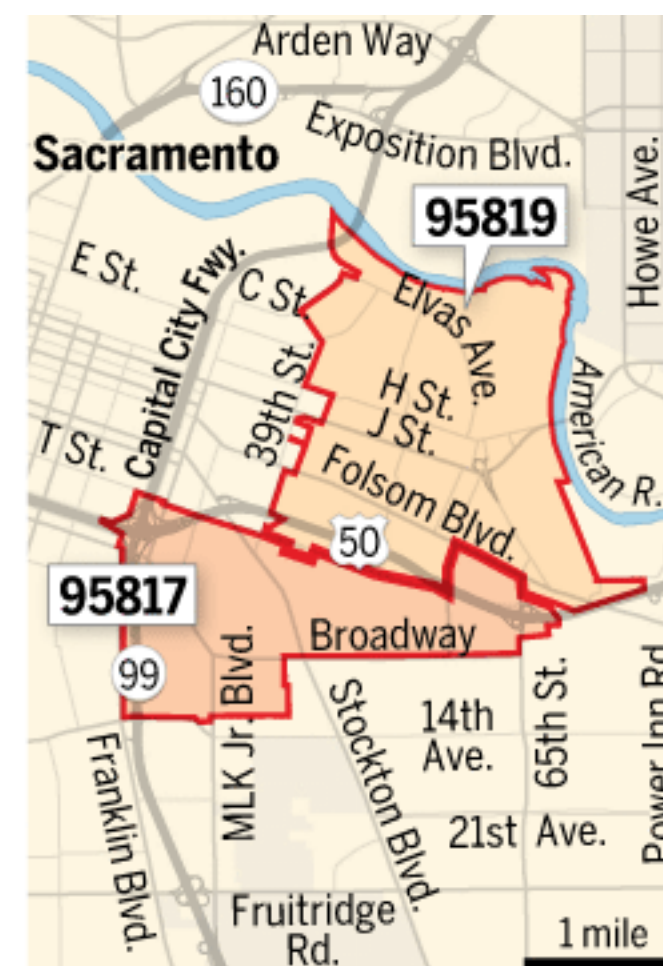
They share a common border, but these two zip codes' health profiles differ dramatically. Public health experts believe neighborhoods themselves can make healthy living easier or harder.

Note: Data are from 2004-2008

Source: California Department of Public Health and California Office of Statewide Health Planning & Development / local hospital systems

See more data at
healthylivingmap.com

95817 OAK PARK		95819 EAST SACRAMENTO	
14,845 residents	Population	15,919 residents	
41%	Uninsured	14%	
78.5 years	Life expectancy	82.1 years	
Annual ER visits for: (Cases per 10,000 residents)			
80	Asthma	23	
32	Diabetes	9	
16	Heart disease	11	
83	Intentional injury (violence)	14	
28	High blood pressure	9	
96	Mental health	53	
134	Low birth weight (per 10,000 births)	102	



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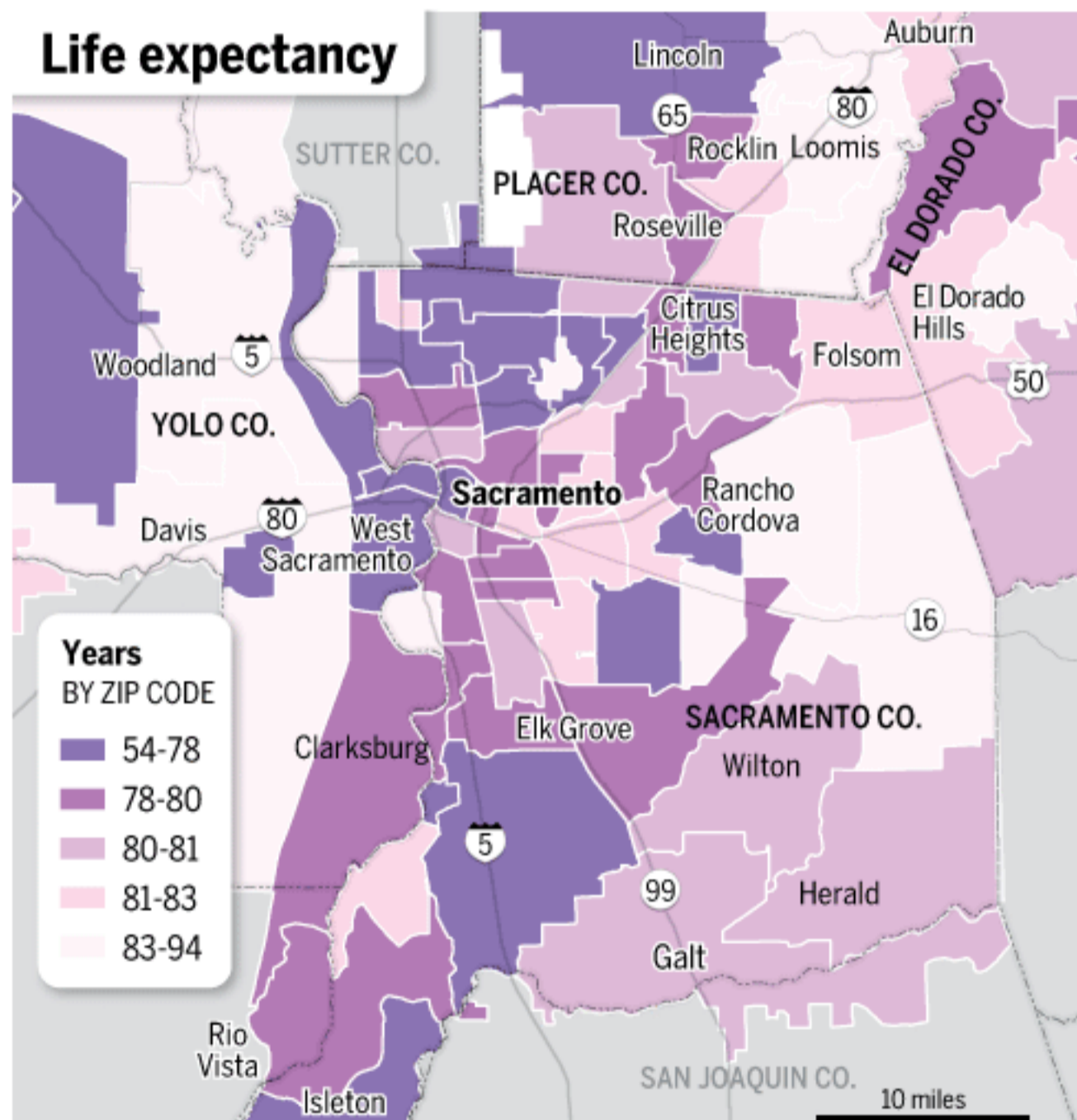
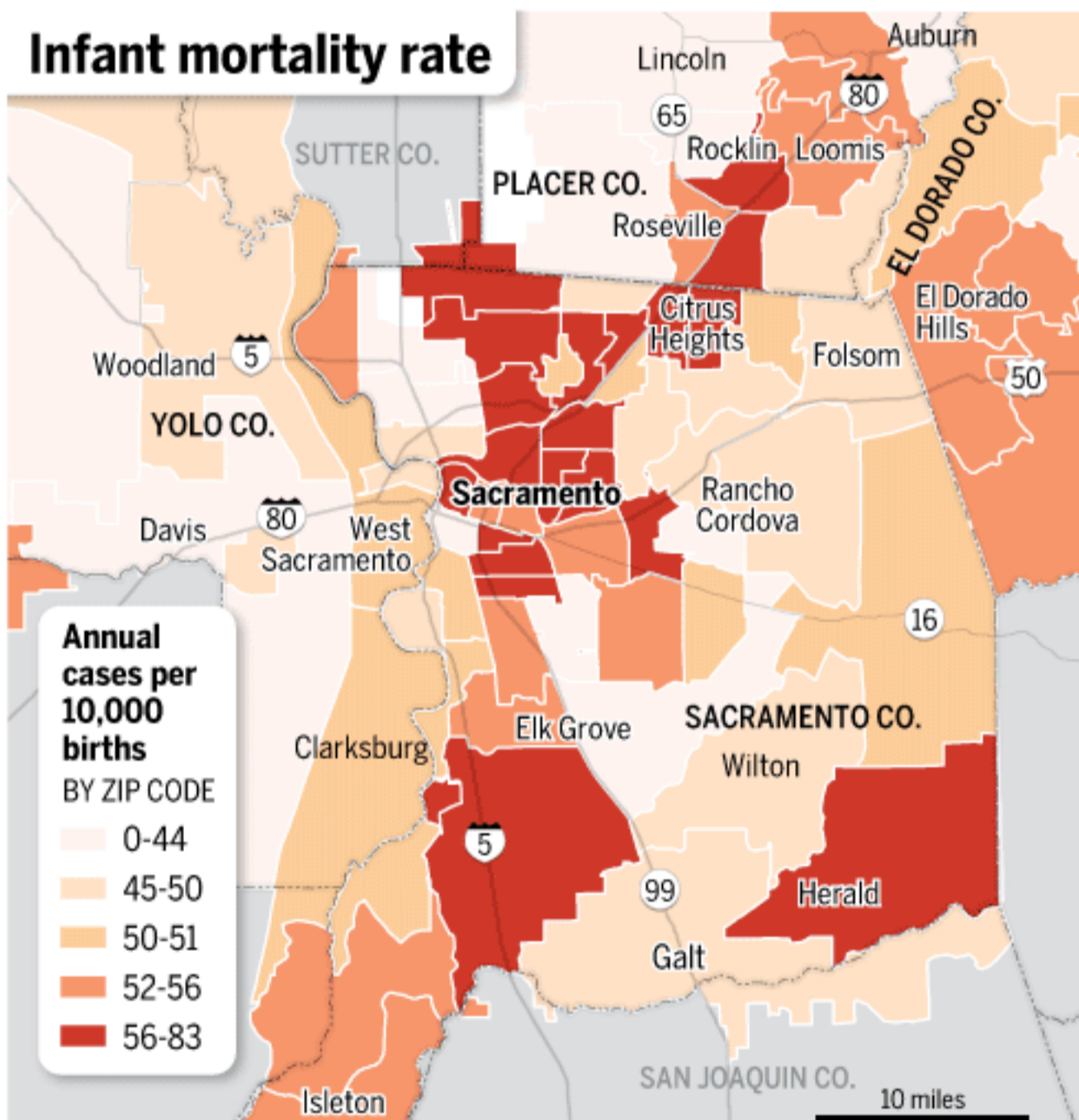
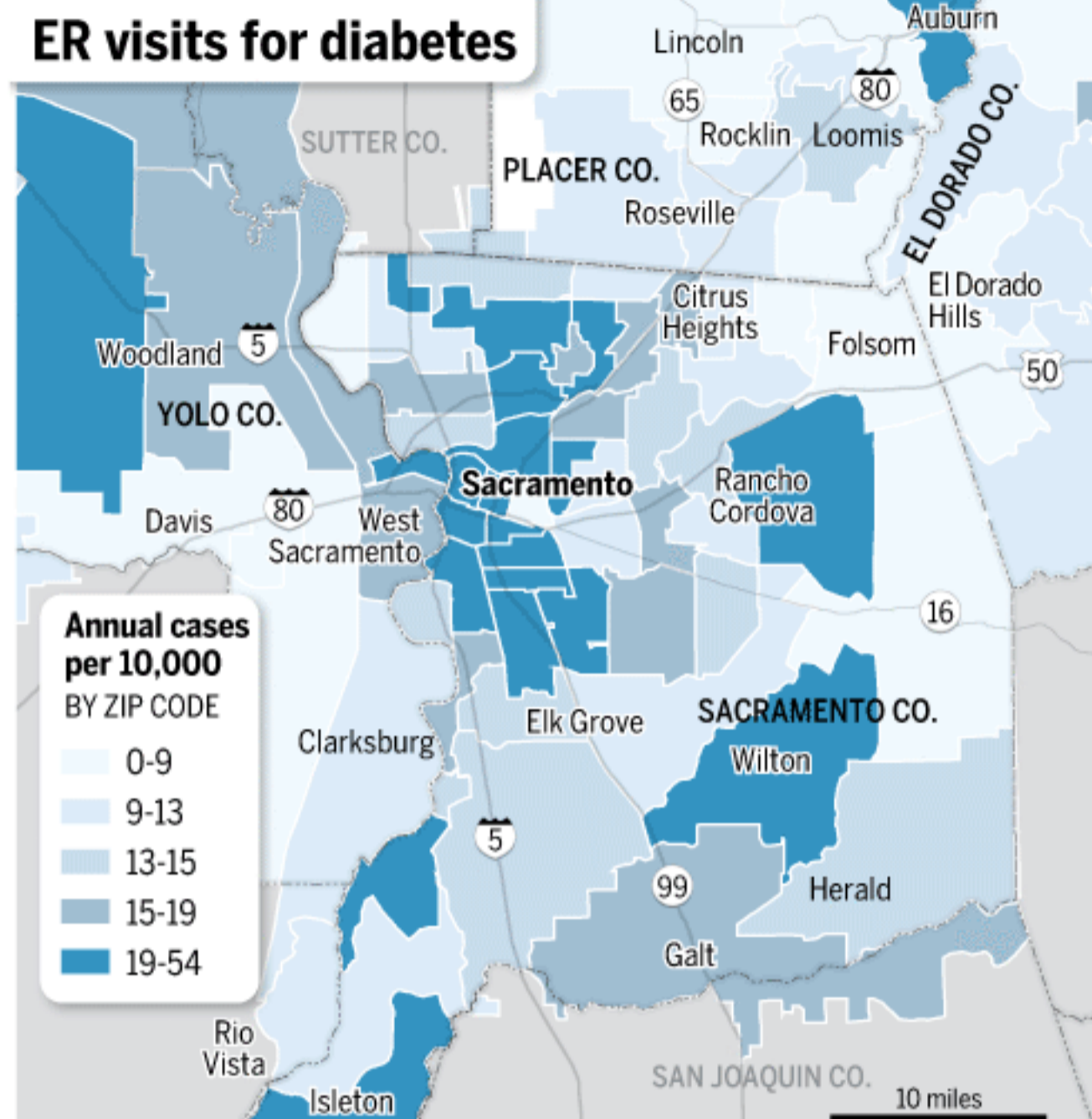
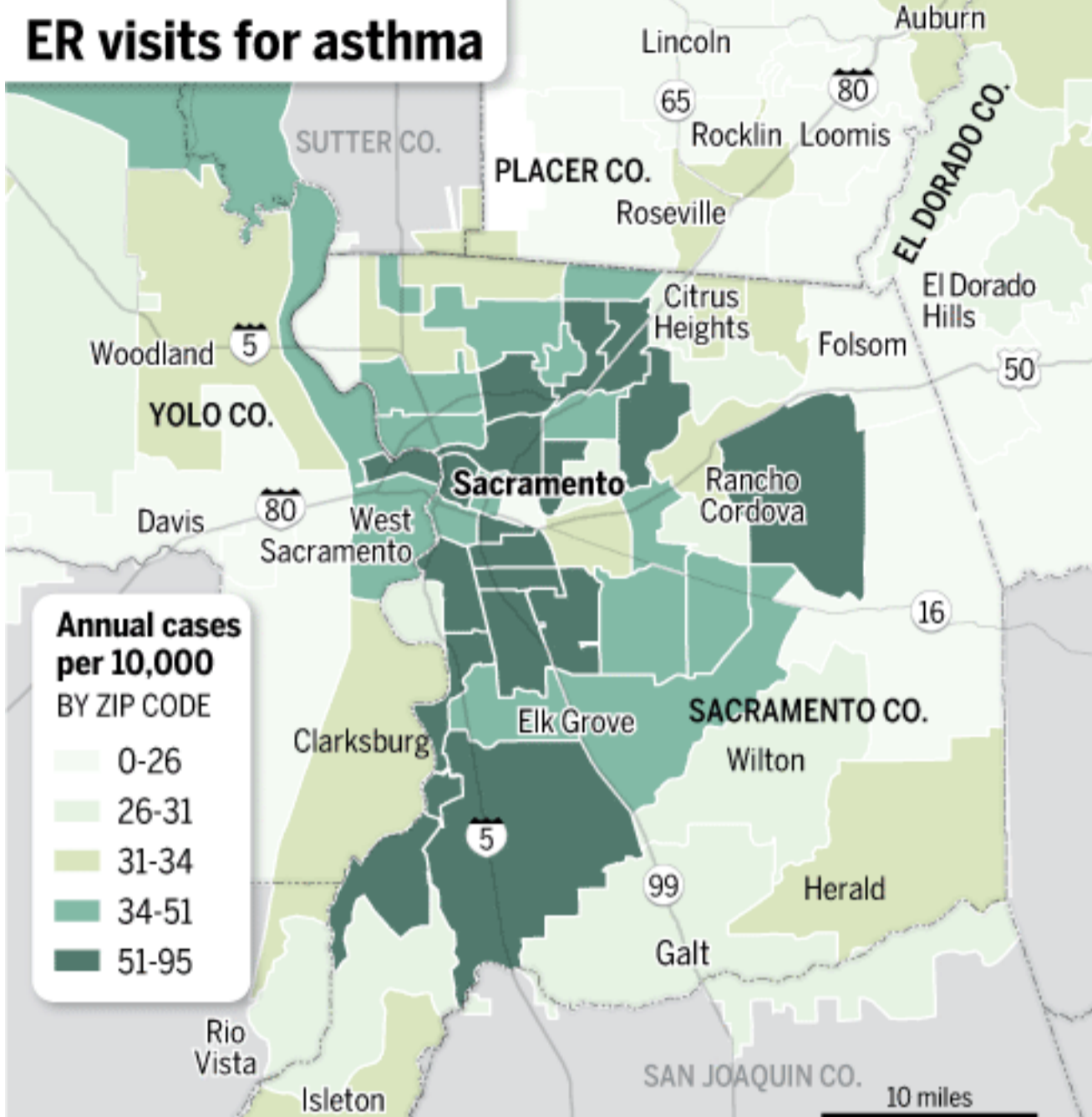
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SACRAMENTO'S UNHEALTHIEST ZIP CODES

Sutter, Kaiser Permanente, UC Davis and Dignity hospitals commissioned a report to pinpoint local health needs. The research indicates that some neighborhoods are generally less healthy than others. Data are from 2004-2008.

See the full report and data at [healthylivingmap.com](#)



Source: California Department of Public Health and California Office of Statewide Health Planning & Development, via Valley Vision and local hospitals

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